

Highlands & Islands Group of NA

**Online Narcotics Anonymous Meetings Held Via the
Bluejeans app
on your PC, Phone or Mobile device**

Reaching out to addicts in need

We welcome any addict from anywhere in the world who wants to attend an NA meeting and is unable, through geography, disability or for any other reason, to attend Face to Face NA meetings.

The Highlands and Islands Group of NA was started in November of 2011 and originally met via Skype with 1 meeting a week. Since that time the group has grown to meet 10 times a week and continues to grow. The Highlands and Islands Group of NA hold regular autonomous meetings of Narcotics Anonymous and are fully self-supporting by our own contributions. In October of 2018 we moved to the new platform of Bluejeans and since that time have reached members in over 50 countries around the world.

We meet 10 times a week over 7 days and list other Autonomous Online and Phone line meetings around the world

For information on when and how to attend our meetings online or by phone from over 40 countries with links to other online and phone meetings around the world please go to our group website below

www.higna.org.uk



For more information about our services please send an email to

asc@higna.org.uk

