

# HIGNA ASC Minutes

## ASC Details

### Email \*

lisarob1987@hotmail.co.uk

### Date and time of Meeting \*

MM DD YYYY Time

10 / 26 / 2021 02 : 00 PM ▼

### Location/Room of ASC \*

Tuesday Step Eleven/Meditation Meeting

### Your Name and position \*

Lisa Robertson | Secretary

### Opening:

Steve A opens with a moment of silence.

Roll Call of Attendees: \* \*

Ellie N | Chair of the Ask-It Basket Group, Chair of the Illness in Recovery Group and GSR of the Saturday Speaker Group

Jim B | H&I Representative of the Committee and GSR of the Illness in Recovery Group

Lisa R | Secretary of the Committee, Poster of the Let's Get Better Together (LGBT) Group and Moderator of the IP Study Group

Penelope | GSR of the Living Clean Group and Chair of the IP Study Group

Tony L | Vice Chair of the Committee and Poster of the Illness in Recovery Group

Steve A | Chair of the Committee, Chair of the Living Clean Group, Chair of the Speaker Group and Tech Host for the platform

Christine B | Moderator of the Illness in Recovery Group and Moderator of the Step Eleven/Meditation Group

Michael B | Chair of the Let's Get Better Together (LGBT) Group and GSR/Moderator of the Ask-It Basket Group

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Service Positions Vacant:

Vice Treasurer and Vice Secretary for HIGNA Committee

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Service Positions Filled:

N/A

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### Opening Balance/Treasury Report: \*

Balance at last ASC £1712.02

Current financial status: (as of 25/10/2021)

PayPal Balance: £1100.17

Bank Act Balance: £817.05

Expenses Out: £0.00

Closing Balance: £1917.22 (as of 25/10/2021)

(Combined Bank & PayPal Contributions last two months (£88.85 Sept-116.35 Oct) total of £205.20 (as of 25/10/2021)

Prudent Reserve: £500.00 (as set June 2020)

Tradition 7 surplus: £1417.22

Current fixed annual expenses: 2020/21

Website + Domain etc. £47.42 (per year)

Bluejeans account £437.99 (current Bluejeans Enterprise Account annual fee)

Total £485.41 (= @ £0.85/\$1.17 per meeting per week)

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### Website Report:

The website has been running well with no reported problems, backups are being taken regularly, website content, software & plugins etc are being updated as required.

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### Matters Arising from Website Report

N/A

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### Group Reports: Sunday, 18:00, HIGNA Just For Today: 60min

Lisa R - Group is in need of support, numbers are dropping. There is a need for a Co-Chair.

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### Monday 13:00, HIGNA Step Meeting: 90min

Steve A (Alternate Chair) – Meeting running well, no problems to report.

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Monday,19:00, HIGNA LGBT NA Meeting: 90min

Lisa R – (In lieu of Michael B) The meeting is carrying the message, it is still a small meeting but there are some wonderful regulars

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Tuesday,18:30, HIGNA Ask It Basket: 90min

Ellie (Chair) – The meeting is regularly attended by 10-15 participants, although it has gotten smaller. There is a good atmosphere of recovery, 3 topics are chosen each week at random. All service positions are filled. If the meeting continues to get smaller it may need to be cut from a 90 to 60-minute meeting

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Wednesday,13:00, HIGNA Just For Today: 60min

N/A

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Wednesday 18:00, Women's Meeting

Lisa R - Meeting has got all service positions filled now but is looking for support. The numbers of people attending are dwindling.

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Thursday, 13:00 , IP Topic Discussion 60 min.

Penelope (Chair) - The meeting is well attended (average 19), there is a good atmosphere of recovery. There is a Chair, Moderator + Poster but still in need of a GSR - Penelope will fill in as GSR for the time being.

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Thursday,18:30, HIGNA Illness in Recovery: 90min

Jim B (GSR) – The meeting has a good atmosphere of recovery, there are between 15-20 people attending each week, all going well. They are looking for an Alternate Chair.

Friday,19:00, HIGNA Living Clean: 90min

Penelope (GSR) – There was a group conscience to continue reading Living Clean from the beginning again. The meeting is going well, well attended. There are regulars who seem to like the meeting, it has a good atmosphere of recovery

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Saturday,18:00, HIGNA Speaker Meeting: 90min

Ellie (GSR) – The meeting has got 10-15 people attending each week. There are very good speakers with very strong recovery sharing their ESH. The meeting is going strong.

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Group reports matters arising

Christine B states that she is struck by the number of service opportunities that are available and Steve A agrees.

Lisa R to make list of all service positions available:

Tuesday Step Eleven Meeting:

GSR, Alternate Chair, Poster

Thursday IP Study Meeting

GSR

Thursday Illness in Recovery

Alternate Chair

Sunday

Co-Chair

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## Events:

### HIGNA 10 YEAR ANNIVERSARY

Ellie has produced a flyer for the event we will be holding to celebrate the tenth anniversary of HIGNA. All the information is on the flyer, and it has been added to the UKNA events page, Virtual-NA and HIGNA. HIGNA will be holding an extended Speaker meeting in celebration of the tenth anniversary on Saturday 20 November 2021 from 18:00 - 22:30 (270 minutes). At this point in time there are 7 speakers confirmed and each speaker is to introduce the following speaker. Half way through (after the first 4 speakers) there will be a 30 minute slot to open the floor for people to share.

Merchandise – Steve A is going to talk to a friend of his who has a lot of experience with merchandising. It will be Ellie's design for the tenth anniversary on mugs and shirts. They will be print to order items and sent directly from manufacturer. This may just be for home group members.

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## Old Business

### GUIDELINES/HIGNA POLICY

It was decided that we would hold back until we find out our position with Region.

### SOCIAL MEDIA

Steve A was asked 2 months ago to create a document to bring clarity to the use of social media as a PI tool in NA. He has created that, please see the document/pdf 'Project Plan to use Social Media as a PI Tool' on the ASC page of the HIGNA website.

After a very full discussion, it was concluded that we table this for now and come back to it at a later date.

### TRADITION SEVEN FUNDS

Steve A states that he had a conversation with Jay recently as we are due to renew our BlueJeans account at the end of this month. Bluejeans have changed their pricing dramatically in our favour and it will cost us considerably less. We may have to adjust the prudent reserve to suit.

Jay was talking to the accounts manager for the Enterprise account, we will find out how that went and discuss it at the next ASC.

Jim B proposes that as we are now sending a representative to UK region, can we contribute to Region as an act of good will? After a full discussion, it was decided that we would contribute £250. The motion was seconded and there were no objections.

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## New Business:

Michael B requested that Lisa R nominate him as RCM in absentia. This was seconded and Michael B was elected to RCM. Michael will be attending the UK Region Committee in January as our RCM.

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### Closing Balance

As of 25 October 2021 £1917.22

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### Location of Next ASC \*

Monday Step and Tradition Meeting (tentative date)

### Date and time of Next ASC \*

MM DD YYYY Time  
11 / 29 / 2021 02 : 30 AM ▼

### Close

Steve A invites Ellie to close the meeting with a moment of silence and the WE version of the Serenity Prayer

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