

# HIGNA ASC Minutes

ASC Details

Email \*

lisarob1987@hotmail.co.uk

Date and time of Meeting \*

MM DD YYYY Time

02 / 24 / 2022 02 : 05 PM ▼

Location/Room of ASC \*

Thursday IP Study room

Your Name and position \*

Lisa R | Secretary of the Committee

Opening:

Steve A opens the meeting with a moment of silence and the service prayer

**Roll Call of Attendees: \* \***

Christine B | Moderator/Co-Chair of the Step Eleven/Meditation Group and Moderator of the Illness in Recovery Group

Claire B | Chair of the Wednesday Women's Group

Colleen M

Debs | Treasurer of Committee

Ellie N | Chair of the Ask-It Basket Group and GSR of the Saturday Speaker Group

Hilmare H | Greeter of Illness in Recovery Group

Jay V | Chair of the Step and Tradition Group, Chair of the Wednesday Just for Today Group and Tech Host for the platform

Lisa R | Secretary of the Committee, Poster of the Let's Get Better Group and Moderator of the IP Discussion Group

Mark | GSR of the Let's Get Better Together (LGBT) Group

Michael B | RCM of the Committee, Chair of the Let's Get Better Together (LGBT) Group and GSR/Moderator of the Ask-It Basket Group

Murray

Penelope | Chair of the IP Discussion Group and GSR of the Living Clean Group

Steve A | Chair of the Committee, Chair of the Living Clean Group, Chair of the Speaker Group and Tech Host for the platform

Tony L | Vice Chair of Committee and Chair of Illness in Recovery Group

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**Service Positions Vacant:**

Vice Treasurer, Vice Secretary, Alternate RCM (Alternate RCM carries a minimum of 4 years clean time) and Vice Web Servant

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**Service Positions Filled:**

N/A

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### Opening Balance/Treasury Report: \*

Balance at close of last ASC £1,294.91

Current financial status: (as of 23/02/2022)

PayPal Balance: £826.45

Bank Act Balance: £840.25

Expenses Out: £42.66 (Postage)

Closing Balance: £1661.41 (as of 23/02/2022) (Combined Bank & PayPal Contributions since last ASC (\*£196.38) (as of 23/02/2022) \*(figure excludes badge receipts)

Prudent Reserve: £500.00 (as set June 2020)

Tradition 7 surplus: £1161.41 (as of 23/02/2022)

Current fixed annual expenses: 2021/22

Website + Domain etc. £49.15 (per year)

Bluejeans account £158.49 (current Bluejeans Enterprise Account annual fee)

Total £207.64 (= @ £0.36p / \$0.49c per meeting per week)

#### Badges:

Total received for Badges: £42.00 (Bank) £132.04 (PayPal) £174.04 (Total)

Total Postage: £42.66

Less Postage: £131.38

No. of Badges left: 40

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### Website Report:

The website has been running well with no reported problems, backups are being taken regularly, website content, software & plugins etc are being updated as required. Guidelines page has been renamed as Information & Guidelines with a new link of <https://www.higna.org.uk/information-guidelines/> to more accurately reflect the pages content.

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### Matters Arising from Website Report

N/A

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### RCM Report

HIGNA RCM, Michael B, reads the RSC Actions list. This list is available in full on the HIGNA WhatsApp group.

Steve A reports that HIGNA is now listed as an Area on UKNA.org

Michael B and Steve A to get together in the next few days to put together an Area Report.

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Group Reports: Sunday, 18:00, HIGNA Just For Today: 60min

N/A

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Monday 13:00, HIGNA Step Meeting: 90min

Steve A – The meeting is running well, nothing to report.

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Monday,19:00, HIGNA LGBT NA Meeting: 90min

Mark (GSR) – The meeting carries a good message, with an average of 9 – 12 members. Most service positions are filled, but the meeting could always do with more people attending.

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Tuesday, 1pm, Step 11/Meditation Meeting 60 min.

Christine B (Alternate Chair) – The meeting is running well, still very small with between 6 – 15 members attending each week. There are service positions available for Alternate Chair and Poster. It would be good if the meeting could be announced in other meetings.

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Tuesday,18:30, HIGNA Ask It Basket: 90min

Michael B (GSR) – The meeting is going very well, the message is being carried and it averages 15 members attending each week. The Poster recently handed in their position, so the group is looking for someone to fill that position.

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Wednesday,13:00, HIGNA Just For Today: 60min

Jay V (Chair) – The meeting is running well, nothing to report.

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Wednesday 18:00, Women's Meeting

Claire B – This meeting could use support and people to do service.

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Thursday, 13:00 , IP Topic Discussion 60 min.

Penelope (Chair) – This meeting is well attended (average 15) and carries a good message. The group did try to split the Mental Health in Recovery IP over 3 weeks but it seemed as though that lost a lot of people – so it was decided that it would be better to leave that IP to Illness in Recovery meetings.

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Thursday, 18:30, HIGNA Illness in Recovery: 90min

Christine B – This is a strong meeting, with perhaps the biggest attendance on HIGNA. There are many regular members and attracts new members. This group is looking for a GSR and an Alternate Moderator. The meeting carries a good message. The In Times of Illness booklet and Mental Health in Recovery pamphlet are used in meetings and we post the links to them in every meeting. There is a speaker at the end of every month who speaks about having a secondary illness in recovery.

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Friday, 19:00, HIGNA Living Clean: 90min

Penelope (GSR) – This meeting is well attended, carries a strong message and has good recovery. All service positions are filled, but the group could use an alternate GSR. There was a Group Conscience held recently and we talked about the SPAD book, PI in Scotland and whether we need a subcommittee for PI and H&I.

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Saturday, 18:00, HIGNA Speaker Meeting: 90min

Ellie (GSR) – This meeting is going well with good speakers each week. There is a good atmosphere of recovery, with 15 plus members attending.

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## Group reports matters arising

Mark brings up having drug workers attend meetings. It is concluded that if it is an open meeting, anyone is welcome.

## SERVICE OPPORTUNITIES AVAILABLE IN ALL HIGNA GROUPS

### TUESDAY

Step Eleven/Meditation Group:

Poster

Alternate Chair

GSR

Ask-It Basket Group:

Poster

### WEDNESDAY

Women's Group:

GSR

Alternate Chair

### THURSDAY

IP Discussion Group:

GSR

Illness in Recovery Group:

GSR

Alternate Moderator

### SUNDAY

Just for Today Group:

Alternate Chair/Poster

## GROWTH, NEW MEETINGS

Ellie N asks if there is some way to show members the new features on BlueJeans since it has been updated; mainly the new ways to get rid of bombers.

Steve A agrees to get together with Tony and put together a PowerPoint or video which will be made available on the HIGNA WhatsApp group.

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Events:

Badges update:

Total received for Badges to date £174.04

Total Postage £42.66

Less postage £131.38

No. of Badges left 40

Steve A encourages groups to keep announcing that there are surplus badges, in meetings.

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## Old Business

### MOTION 001 (to amend Approval Process for Recovery Literature)

The motion is seconded and passed. The motion has been posted on the HIGNA ASC page: [https://www.higna.org.uk/wp-content/uploads/2022/02/HIGNA-Motion-001-for-the-RSC-Draft-21\\_01\\_2022.pdf](https://www.higna.org.uk/wp-content/uploads/2022/02/HIGNA-Motion-001-for-the-RSC-Draft-21_01_2022.pdf)

### ORKNEY PI PRESENTATION PROGRESS REPORT

We are asking for help and or support on the planning and delivery of a "For professionals" PI presentation to the Orkney ADP (Alcohol & Drugs Partnership) <https://www.orkneyadp.org.uk/> on a date to be determined in the next few months.

This proposal is on the ASC page of the HIGNA website 'HIGNA request for help and support from UKPI Feb 2022': <https://www.higna.org.uk/wp-content/uploads/2022/02/HIGNA-Request-for-help-and-support-from-UKPI-February-2022.pdf>

A small workgroup has been put together, consisting of Steve A, Michael B, Penelope, Lisa R and Spider. We now have a point of contact with UKPI and an offer has been made from the Chair of UKPI to do the opening part of any workshop HIGNA engages in.

A basic rundown has been communicated to Orkney ADP and we are waiting on a reply from them. Group members will be updated on any progress through the HIGNA WhatsApp group.

### LISTING HIGNA MEETINGS ON UKNA WEBSITE

Tony and Steve A are still yet to get together and start this process, they aim to have it done by the next ASC. Steve A encourages any groups that feel strongly about having their meeting listed to visit [UKNA.org](http://UKNA.org) and add it themselves.

### GUIDELINES/HIGNA POLICY

Debs and Steve A are looking at putting together an Area Mission Statement, they will update members on this as it progresses.

### TRADITION SEVEN FUNDS

There is a suggestion to use some Tradition Seven funds for an introductory pack of Public Information literature to give to Orkney ADP. Steve A is to contact UKPI to ask their opinion on sending this to the Orkney ADP, prior to them having the discussion in April about HIGNA doing the presentation for them later in the year.

In regard to making a contribution to Region: HIGNA won't make any contributions until Michael B gets a definitive answer from Region and we get the full Forensic Treasury Report (with what's been happening with money at Region over the last two years).

Debs requests that HIGNA increase the Prudent Reserve by £100. It is currently £500 which covers 2 years' operating expenses. No decision is reached by the Committee at this point, it will be discussed at a future ASC.

### FUTURE DIRECTION OF HIGNA/ PI & H&I REPS?



There is an individual willing to set up an H&I meeting on HIGNA. It is a very new idea, and not ready to start just yet.

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### New Business:

\*CAR REPORT – \*Group Conscience Tally Form

Steve A reports: The Regional Delegate has confirmed that the cut off date for submitting the CAR conscience from HIGNA as an Area is the 31 March 2022.

The group decides to fully discuss the CAR Motions specifically at an extraordinary ASC. This will be held Monday 28 March after the 1pm Step and Tradition meeting. This will give the groups a month to have group consciences and bring them to this ASC. Steve A shares a Group Conscience Tally Form (this form lists the motions and gives 4 options - yes, no, abstain and other) and encourages groups to use them.

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### Motions list

See Old Business

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Tasks or Questions for GSR's to take to the groups.

See New Business

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### Closing Balance

As of 23 February 2022, the closing balance is: £1661.41

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### Location of Next ASC \*

Monday Step and Tradition meeting room

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Date and time of Next ASC \*

MM DD YYYY Time  
03 / 28 / 2022 02 : 35 PM ▼

Close

Steve A invites Penelope to close the meeting with a moment of silence and the serenity prayer

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