

# Highlands & Islands Groups of NA

Reaching out to addicts in need

"Our Groups welcome addicts from  
anywhere in the world who wish to attend  
meetings of Narcotics Anonymous online"

## Online Narcotics Anonymous Meetings



Held Via Bluejeans  
on your PC, Mac, Phone or Mobile device

We currently meet 7 days a week  
To find out how and when please go to

[www.higna.org.uk](http://www.higna.org.uk)

Being of service to the still suffering addict online since 2011