

# HIGNA ASC Minutes

## ASC Details

### Email \*

lisarob1987@hotmail.co.uk

### Date and time of Meeting \*

MM DD YYYY Time

06 / 23 / 2022 02 : 05 PM ▼

### Location/Room of ASC \*

The IP Study meeting room

### Your Name and position \*

Lisa R | Secretary of Area

### Opening:

Tony L opens the meeting with a moment of silence and The Service Prayer

**Roll Call of Attendees: \* \***

Christine B | Vice Chair of Area, Moderator/Co-Chair of the Step Eleven/Meditation Group and Moderator of the Illness in Recovery Group

Ellie N | Chair of the Ask-It Basket Group and GSR of the Saturday Speaker Group

Jeanne | Visiting

Lisa R | Secretary of Area, Poster of the Let's Get Better Group and Moderator of the IP Discussion Group

Mark | Secretary and GSR for the Here, Queer, Recovering (LGBT) Group

Mark | GSR of the Let's Get Better Together (LGBT) Group

Michael B | RCM of Area, Chair of the Let's Get Better Together (LGBT) Group and GSR/Moderator of the Ask-It Basket Group

Penelope | Chair of the IP Discussion Group and GSR of the Living Clean Group

Tony L | Chair of Area and Chair of Illness in Recovery Group

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**Service Positions Vacant:**

Vice Treasurer, Vice Secretary, Alternate RCM (Alternate RCM carries a minimum of 4 years clean time) and Vice Web Servant

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**Service Positions Filled:**

N/A

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## Opening Balance/Treasury Report: \*

### Treasury Report

Balance at last ASC: £1875.66 (as of 25/04/2022)

Current financial status: (as of 22/06/2022 )

PayPal Balance: £ 885.25

Bank Act Balance: £ 938.37

Expenses Out: £ 239.42

Donation to Region: £200.00

HG member hospital gift, key tag postage ect.

Closing Balance: £ 1823.62(as of 22/06/22)

(Combined Bank & PayPal Contributions last ASC £182.00 (as of 22/06/2022)

Prudent Reserve: £500.00 (as set June 2020)

Tradition 7 surplus: £1323.62 (as of 22/06/2022)

Current fixed annual expenses: 2020/21

Website + Domain etc. £49.15 (per year)

Bluejeans account: £158.49 (current Bluejeans Enterprise Account annual fee)

Total: £207.64 (= @ £0.36p / \$0.49 per meeting per week)

### QUESTIONS OR COMMENTS

Michael B informs the group that he recently learned when one is making a contribution through PayPal, it is advised to send it through the friends or family donation option. Opting to send money via the friends or family option means HIGNA won't be charged a fee for receiving the money.

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### Website Report:

The website has been running well with no reported problems, backups are being taken regularly, website content, software & plugins etc are being updated as required.

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### Matters Arising from Website Report

N/A

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### RCM Report

HIGNA RCM, Michael B, reads from the Region Action sheet, this document will be made available to group members on the HIGNA WhatsApp Group.

RSC

Michael B is intending to travel to Aberdeen for the next RSC (July 9 and 10 2022) as the Regional Representative for HIGNA. There are two regional groups that are online only, but Region would like to see physical representatives once in a while. As Aberdeen is quite close to where the RSC is located, he feels as though now is a good time to do this.

### TREASURY REPORT

Michael B has the Regional Treasury Report and it clarifies everything that's going on with Treasury currently. This document will be made available to members through the HIGNA WhatsApp Group.

### MOTION 001

Although the motion (Motion 001 – available on HIGNA ASC webpage) that HIGNA put forward to Region wasn't seconded, it wasn't contested. This allows the group to put the motion forward again at a future date if they so wish.

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Group Reports: Sunday, 18:00, HIGNA Just For Today: 60min

N/A

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Monday 13:00, HIGNA Step Meeting: 90min

N/A

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Monday, 19:00, HIGNA LGBT NA Meeting: 90min

Mark (GSR) – The group is going well, with fluctuating numbers. There can be anywhere from 7 to 17 members attending each week. At the most recent group conscience, Michael B, HIGNA RCM, brought up attending the next RSC (9 and 10 July 2022) in person as it is in Aberdeen, fairly close to where he resides. It is hoped that the members of Area will vote for Tradition Seven funds to be used for Michael B to travel and stay in Aberdeen as the HIGNA Regional Representative.

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Tuesday, 1pm, Step 11/Meditation Meeting 60 min.

Christine B (Alternate Chair) – The meeting has picked up a little bit in the last few weeks, and it seems to be appreciated by everyone who comes along. The meeting could still do with consistent support, so groups are encouraged to continue to announce it in other meetings.

Tuesday, 18:30, HIGNA Ask It Basket: 90min

Michael B (GSR) – The meeting is going well; the message is being carried. There are approximately 15 members attending each week. The meeting is having very few issues with bombers, and when they do show up it is being handled swiftly. The meeting has new people attending and they keep coming back. There is a service position available for someone to post the readings.

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Wednesday, 13:00, HIGNA Just For Today: 60min

N/A

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### Wednesday 18:00, Women's Meeting

N/A

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### Thursday, 13:00 , IP Topic Discussion 60 min.

Penelope (Chair) - There is a vacancy for a GSR, it is encouraged that groups announce this in other meetings. The meeting seems to be quite popular, with somewhere between 15 and 22 members attending each week. The meeting is attracting some newcomers. There will be a group conscience held next week (30 June 2022) at 12.30pm prior to the meeting. Members from all groups are encouraged to attend.

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### Thursday,18:30, HIGNA Illness in Recovery: 90min

Tony L (Chair) – The meeting is strong, with between 20-25 members attending each week. There is a GSR position open at present. All other service positions are filled except for alternates. The meeting is carrying the message and attracting some newcomers

A group conscience was held in relation to the speaker meeting at the end of the month. It was voted that the group will record the main shares so that they can be uploaded to the HIGNA Speaker Library – as long as this in agreeance with the speaker.

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### Friday,19:00, HIGNA Living Clean: 90min

Penelope (GSR) - Penelope's time as GSR is nearly up. At a recent conscience, an Alternate GSR was voted in, and she has done the group report. There was a conscience last week supporting the RCM visit to Aberdeen. The meeting is very well attended. It seems to attract members with longer recoveries rather than newcomers. Regular consciences are held.

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### Saturday,18:00, HIGNA Speaker Meeting: 90min

Ellie (GSR) – The meeting is going well, with 15 plus members attending each week, depending on the week or speaker. There is a good atmosphere of recovery. All service positions are filled, except alternates. All speakers are assigned for the year.

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## Group reports matters arising

### GROUP REPORT FOR FRIDAY HERE, QUEER, RECOVERING GROUP

Mark (GSR/Chair) – The meeting is going well, with approximately 15 members attending each week. There is a Treasury position that has opened up. The meeting is short on people in service. There is a good mix of regulars and newcomers. At a recent conscience, it was decided to shift focus slightly and change format – focus on steps 1-3 because of the number of newcomers the meeting is getting. Financially, the group is in a reasonable state.

### PROPOSAL

Tony L puts forward a proposal that Michael B be given the appropriate funds to attend the next RSC, in person, which will be held in Aberdeen on the 9 and 10 of July 2022. This is seconded by Christine B, and there seems to be a general consensus with the Group.

Michael B is now to contact Steve A regarding receiving the funding.

### SERVICE OPPORTUNITIES IN ALL HIGNA GROUPS

#### TUESDAY

Step Eleven/Meditation Group:

Poster

Alternate Chair

GSR

Ask-It Basket Group:

Poster

#### WEDNESDAY

Women's Group:

GSR

Alternate Chair

## THURSDAY

IP Discussion Group:

Greeter

GSR

Illness in Recovery Group:

GSR

Alternate Moderator

## SUNDAY

Just for Today Group:

Alternate Chair/Poster

## GROWTH, NEW MEETINGS

Mark (Fri LGBT Group) wonders if there is a way to make the website more user friendly. He doesn't feel as though it is targeted at people in a desperate situation looking for help. Mark isn't happy with the way information is presented on the website. He feels underwhelmed by how NA globally is managing its online presence.

Jeanne suggests getting some people together who are interested and have experience in creating websites to make suggestions/create a mock website. She agrees that the website could be improved upon, as she can find it hard to find things.

After a very full discussion on the topic, Tony L suggests that Mark contact Steve A and discuss the issue with him, as he is part of Fellowship Development.

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**Events:**

N/A

**Old Business****GUIDELINES**

There is no current update on guidelines.

**USE OF SOCIAL MEDIA AS PI TOOLS**

There was discussion at the last ASC of using Tradition Seven funds to create a PSA. This PSA is to be submitted to Doctors Surgeries etc. Steve A has not provided Area with an update on this as of yet, so it will be revisited at the next ASC.

**TRADITION SEVEN FUNDS**

Ellie proposes HIGNA contribute £200 of the Tradition Seven funds to Region.

Penelope seconds this proposal, no one contests, and thus the motion is passed.

**FUTURE DIRECTION OF HIGNA**

Mark (Mon LGBT Group) wonders whether it would be beneficial to have an Ad Hoc Committee? This would be some members getting together and discussing what to with Tradition Seven funds, for example, and then bringing a report back to Area.

It is decided that more information is needed in order to go forward with this idea.

**New Business:**

N/A

**Motions list**

N/A

Tasks or Questions for GSR's to take to the groups.

N/A

Closing Balance

Closing Balance: £1823.62 (as of 22/06/22)

Location of Next ASC \*

Wednesday JFT meeting room

Date and time of Next ASC \*

MM DD YYYY Time  
08 / 24 / 2022 02 : 05 PM ▼

Close

Tony L invites Ellie N to close with a moment of silence and the We version of The Serenity Prayer

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