

HIGNA ASC Minutes

ASC Details

Email *

lisarob1987@hotmail.co.uk

Date and time of Meeting *

MM DD YYYY Time

06 / 29 / 2023 02 : 05 PM ▼

Location/Room of ASC *

Thursday IP Study meeting room

Your Name and position *

Lisa R | Secretary of ASC

Opening:

Tony L opens the meeting with a moment of silence, followed by The Service Prayer

Roll Call of Attendees: * *

Tony L | Chair of Area

Christine | Vice Chair of ASC

Hilmare | Chair of Illness in Recovery Group, Alternate Chair of Step Eleven/Meditation Group

Ellie | GSR of Saturday Speaker Group, Chair of Ask-It Basket Group, Alternate Moderator of Illness in Recovery Group

Steve | Web Tech of Area, Chair of Living Clean and Speaker Groups

Michael | RCM of Area, Chair of Let's Get Better Together Group and GSR/Moderator of Ask-It Basket Group

Molly | GSR of Wednesday Women's Group

Andee | Visiting

Penelope | Chair of IP Group

Jackie | Visiting

Maud | Visiting

Apologies:

Lisa R | Secretary of ASC

Tammy | GSR of Living Clean Group

Mark | GSR of Let's Get Better Together Group

Service Positions Vacant:

Vice Treasurer, Vice Secretary, Alternate RCM (Alternate RCM carries a minimum of 4 years clean time) and Vice Web Servant

Service Positions Filled:

Tony L announces that it has come to the end of his term as Chair of Area. He asks if Christine B, as Vice Chair, would be willing to move into the position of Chair. Christine B is willing and able, thus is elevated to Chair of Area.

Opening Balance/Treasury Report: *

Treasury Report (as of 28/06/2023) Balance at close of April ASC £1509. Current financial status:

PayPal Balance: £925.90 (as of 28/06/2023 Bank Act Balance: £418.45 (as of 28/06/2023

Expenses Out since last ASC: £338.05 (£300 Contribution for May RSC, £13.25 postage, £24.80 UKSO Key Tags)

Closing Balance: £1316.8 (as of 28/06/2023

Prudent Reserve: £500.00 (as of 28/06/2023)

Tradition 7 surplus: £816.80 (as of 28/06/202

Current fixed annual expenses: Now adjusted to reflect slight increase for 2022/23

Website + Domain etc. £49.15 (per year)

Bluejeans account: £170.90 (current Bluejeans Enterprise Account annual fee2022/23) Total £207.64 (= @ £0.38p / \$0.45c per meeting per week at current rates)

QUESTIONS ARISING

Steve A lets the group know that Debs, as Treasurer of HIGNA, has put together the year end report. Steve A will post in the HIGNA WhatsApp Group for members to look at.

Website Report:

Steve A: The website is running well, and development work is ongoing for the deployment of the new features. Backups are being taken regularly, website content, software & plugins are being updated as required, new site security protocols working well. New content added to the Other Resources page. Slight issue with losing some email history on the meetings@email address that is being looked at. This is however not interfering with emails being dealt with and responded to as they come in, mostly Key tag and attendance verification requests. All other email accounts remain unaffected.

Matters Arising from Website Report

N/A

RCM Report

Michael B, RCM, reads from May Region Action List.

Link to Action List May 2023:

<https://cloud.ukna.org/s/x9gojWqDGCNJopo?dir=undefined&openfile=850388>

QUESTIONS/COMMENTS

In regards to the audio copy of the Basic Text: Steve A informs the group that it was confirmed by the UK Fellowship Development Rep at the EDM, who asked a direct question of the soon- to-be Executive Director of NAWS, Becky M, what the situation was regarding audio copies of the Basic Text and do they need to be put through any translation or ratification of any description? The answer came back as 'no'. Basically all NAWS want is to be sent a copy of the audio tape, so why UKPI are saying that they need to send all that to NAWS to be ratified is a mystery. Why are they doing that? They don't need to.

Secondly, in relation to the Ad Hoc Committee on The Guidelines. It is a committee that is tasked with looking at either amending or correcting items in the Regional Committee Guidelines. If anyone is interested in getting involved with that, contact Steve A and he will put you in touch with the Chair of that Committee.

Tony L refers to the last HIGNA minutes in regards to EDM, and translation of literature. Jay asked: Can EDM make their own literature?

Michael B states that he has not had the chance to address the question to the Regional Delegate . He will address as soon as possible, and will update members on the HIGNA WhatsApp Group.

Group Reports: Sunday, 18:00, HIGNA Just For Today: 60min

Mark is absent from the ASC, he does all the service on that meeting. Christine B reports on his behalf: An average of 8-15 attendees each week, with 8 of those being regular members. The meeting carries a good message of recovery. It tends to be a small meeting so people have plenty of time to share.

Monday 13:00, HIGNA Step Meeting: 90min

Steve A: Meeting going well, nothing to report.

Monday, 19:00, HIGNA LGBT NA Meeting: 90min

Michael B | Chair: The meeting is going well, the message is being carried. 12 members on average attend each week. All service positions are filled.

Tuesday, 1pm, Step 11/Meditation Meeting 60 min.

Christine B: There is no GSR. The meeting is growing in size. There is a 15 minute period of meditation, where everyone can meditate in their own way. The meeting carries a strong message of recovery, it was struggling but has picked up considerably.

Tuesday, 18:30, HIGNA Ask It Basket: 90min

Michael B | GSR: The message is being carried, with 12-15 members attending each week. There is a need for someone to help do the posting. The Chair has held her position for a while – she is happy to keep doing the service for that group, but is also open to rotation.

Wednesday, 13:00, HIGNA Just For Today: 60min

Steve A: The Group is running well, no problems to report.

Wednesday 18:00, Women's Meeting

Molly E | GSR: The meeting is running well, message is being carried. During Group Conscience concerns have been raised about the accessibility of BlueJeans, the group are looking at ways they could adapt e.g. with screensharing. Service positions have been rotated, all positions are filled but group is always grateful for support. The meeting attendance is quite low, 12 at most. There are 4 regular attendees, all of whom are group members.

Thursday, 13:00 , IP Topic Discussion 60 min.

Penelope | Chair: The group hasn't elected a GSR as yet, for various reasons have had to postpone the Group Conscience. The meeting carries a good message and seems to be quite popular. There are between 12-18 regular members attending each week. There will be a Group Conscience held next week, the group are looking for people to do service. Penelope encourages people to attend if they are interested or just want to register the meeting as their home group.

Thursday, 18:30, HIGNA Illness in Recovery: 90min

Hilmare | Chair: The group is going really well, very good attendance. The meeting is attracting newer members and also members with experience. The group is looking for a GSR. Christine B and Ellie N are alternating the moderating, (Michael B has also helped out with that) but are looking for someone to take on the service position of Moderator permanently.

Christine B adds: There are members in the meeting with a great deal of time, who also have a lot of experience with living with illness and aging in recovery. So people tend to find it a very supportive meeting.

Friday, 19:00, HIGNA Living Clean: 90min

Steve A | Chair: Tammy, as GSR, sends her apologies. She has submitted a Group Report.

Saturday, 18:00, HIGNA Speaker Meeting: 90min

Ellie N | GSR: Group Report submitted.

Group reports matters arising

In regards to the Wednesday Women's meeting, it is explained that the group are looking into ways to share the screen for the visually impaired.

Steve A, as Web Tech of Area, is willing to walk any members of the group through the screensharing.

Events:

Old Business

USE OF TRADITION SEVEN FUNDS

Christine B: Had an idea some time ago, that was approved in principle by the ASC. It was prompted by the huge amount of drug deaths in Scotland, and HIGNA being a Highlands and Islands of Scotland group. The idea was to send literature to Custody Suites around Scotland. At the time, Christine was unable to follow through on that, but would like to revisit.

Steve A makes a proposal on Christine's behalf: Take time to research this. Get in touch with UKPI, find out whether or not that's being done anywhere else in Scotland and what help and support they might be able to give us as a Virtual Area. Then, come back to the next ASC and give the group a report. Christine B agrees to this.

REGION TREASURY REPORT

Read out by MOB, he will put it in Whatsapp Group.

UKNA RSC Treasurers Report May 2023:

<https://cloud.ukna.org/s/3SeaszbkWQtq87d?dir=undefined&openfile=851857>

New Business:

Tony L announces that is has come to the end of his term as Chair of Area. He asks if Christine B, as Vice Chair, would be willing to move into the position of Chair. Christine B is willing and able, thus is elevated to Chair of Area.

USE OF TRADITION SEVEN FUNDS

Steve A proposes that the group send £300 of Tradition Seven funds to Region.

Michael B seconds this. Steve A will send them the contribution as soon as possible.

VIRTUAL SERVICE LEARNING DAY

Steve A talks to the group about the lack of support in regards to service events in the UK focusing on Virtual Service. The proposal is for the group to think about the idea of putting together a Virtual Service Learning Day for Virtual Service e.g. how do you run online meetings? Moderating, service positions etc. Steve encourages members to liaise with other Virtual Groups/Areas. Perhaps get together a workgroup and figure out how we can do that.

Motions list

N/A

Tasks or Questions for GSR's to take to the groups.

N/A

Closing Balance

£1316.8 (as of 28/06/2023)

Location of Next ASC *

Monday Step and Tradition meeting room

Date and time of Next ASC *

MM DD YYYY Time

08 / 28 / 2023 02 : 05 PM ▼

Close

Tony L asks Molly E to close meeting with the We Version Serenity Prayer.

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